



ROSE BOWL AQUATICS CENTER

WATER FITNESS CLASS OPTIONS:

2024

Rec. Pool Classes: (Classes are 55 minutes long)

Aqua HIIT
Monday, 6:35 PM

Aqua Zumba
Sunday, 8:15 AM

Arthritis/MS Splash: Monday
Monday, 10:00 AM

Arthritis/MS Splash: Wednesday
Wednesday, 10:00 AM

Arthritis/MS Splash: Friday
Friday, 10:00 AM

Classic Shallow Water Fitness
Thursday, 6:35 PM

Dynamic Deep Water: Monday
Monday, 11:30 AM, 12:35 PM

Dynamic Deep Water: Tuesday
Tuesday, 11:30 AM

Dynamic Deep Water: Wednesday
Wednesday, 11:30 AM, 12:35 PM

Dynamic Deep Water: Thursday
Thursday, 11:30 AM

Dynamic Deep Water: Friday
Friday, 11:30 AM

Dynamic Deep Water: Sunday
Sunday, 9:30 AM

Friday Night Whirlpool
Friday, 6:35 PM

Movin' Water Shallow: Tuesday
Tuesday, 6:30 AM

Movin' Water Shallow: Friday
Friday, 6:30 AM

Movin' Water Deep: Tuesday
Tuesday, 6:30 AM

Movin' Water Deep: Friday
Friday, 6:30 AM

Rec. Pool Classes Continued: (Classes are 55 minutes long)

Power Waves
Wednesday, 6:35 PM

Shallow Water Move & Groove
Tuesday, 6:35 PM

Strong Water Burn
Saturday, 7:30 AM

Senior Splash Classes: (Classes are 45 minutes long)

Senior Splash: Monday
Monday, 8:00 AM

Senior Splash: Tuesday
Tuesday, 8:00 AM

Senior Splash: Wednesday
Wednesday, 8:00 AM

Senior Splash: Thursday
Thursday, 8:00 AM

Senior Splash: Friday
Friday, 8:00 AM

Therapy Pool Classes: (Classes are 45 minutes long)

Arthritis: Monday
Monday, 8:00 AM, 9:00 AM

Arthritis: Tuesday
Tuesday, 7:10 AM

Arthritis: Wednesday
Wednesday, 8:00 AM, 9:00 AM

Total Body Sculpting
Wednesday, 10:00 AM

Arthritis: Friday
Friday, 8:00 AM, 9:00 AM

Hustle and Muscle
Saturday, 8:00 AM

Arthritis & Beyond
Sunday, 8:10 AM

If you have any questions, please feel free to call us!

Call Center: (626) 564-0330 Ext. 601

NO REFUNDS! Only account credits are issued for early cancellations or cancelled classes.

All dates, times & prices are subject to change

Website: www.rosebowlaquatics.org



ROSE BOWL AQUATICS CENTER

WATER FITNESS PRICING OPTIONS:

2024

Senior Splash Pricing Options: Available to Patrons 55 Years or Older

The pricing options below are only valid for Senior Splash Class Options

Senior Single Session Drop In: \$17

Senior Splash Monthly Pass: \$63

This pass allows you to register for up to 4 classes/week (one class per day), up to 18 classes per month

Senior Splash Quarterly Pass: \$171

This pass allows you to register for up to 4 classes/week (one class per day), up to 18 classes per month, for 3 months

Senior Splash Semi Annual: \$305

This pass allows you to register for up to 4 classes/week (one class per day), up to 18 classes per month, for 6 months

Water Fitness Classes Pricing Options:

The pricing options below are only valid for Water Fitness Class Options

Adult (Ages 16-54) Single Session Drop In: \$20

Adult (Ages 16-54) Water Fitness Monthly Pass: \$122

This pass allows you to register for up to 4 classes/week (one class per day), up to 18 classes per month

Adult (Ages 16-54) Water Fitness Quarterly Pass: \$329

This pass allows you to register for up to 4 classes/week (one class per day), up to 18 classes per month, for 3 months

Adult (Ages 16-54) Water Fitness Semi Annual Pass: \$607

This pass allows you to register for up to 4 classes/week (one class per day), up to 18 classes per month, for 6 months

Senior (Ages 55 & up) Single Session Drop In: \$17

Senior (Ages 55 & up) Water Fitness Monthly Pass: \$111

This pass allows you to register for up to 4 classes/week (one class per day), up to 18 classes per month

Senior (Ages 55 & up) Water Fitness Quarterly Pass: \$305

This pass allows you to register for up to 4 classes/week (one class per day), up to 18 classes per month, for 3 months

Senior (Ages 55 & up) Water Fitness Semi Annual Pass: \$547

This pass allows you to register for up to 4 classes/week (one class per day), up to 18 classes per month, for 6 months

FAQs

1. The new registration platform allows:

- The flexibility to register for individual classes
- The ability to cancel a class (2 hours before the class start time)
- The option to "Drop In" a class when space is available
- The incentive of receiving discounted classes when passes are purchased versus paying the drop in fee

	Daily	Monthly	Cost Per Class	Quarterly	Cost Per Class	Semi-Annual	Cost Per Class
Adult	\$20	\$122	\$6.77	\$329	\$6.09	\$607	\$5.62
Senior	\$17	\$111	\$6.16	\$305	\$5.64	\$547	\$5.06
Senior Splash	\$17	\$63	\$3.50	\$171	\$3.16	\$305	\$2.82

2. The Senior Splash passes include a special discount. For that reason, they can only be used towards registering for Senior Splash classes.

3. Adult and Senior Water Fitness passes can be used towards classes in the Recreation Pool and the Therapy Pool (excluding the Senior Splash classes)

4. Your pass becomes active once you register for your first class, not the date you purchased your pass