



Tuesday, October 6, 2026

Jason Lezak Swim Clinic Friday, October 9



Best known for his legendary anchor leg in the 4x100m freestyle relay at the 2008 Beijing Olympics, Jason Lezak will have an exclusive hour swim clinic at the Rose Bowl Aquatics Center on **Friday, October 9 from 7:30AM - 8:30AM**. Swimmers will have the opportunity to learn from one of the most accomplished relay swimmers in Olympic history. Limited spots available, secure your spot now!

Learn More!

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2026 Annual Benefit

Oct 6 @ 5:30 PM PDT • NOOR Events | Venue | Catering

Silent Auction

Event Auction

Event with 100+ Items

Champion Jason Lezak

Mission Award Honorees

Jason Lezak

Become a Sponsor

Donate an Item

2026 Annual Benefit Recap

LOT 45

Private Piano Lessons with Rita Costa

Next Min. Bid: \$150

LOT 46

Tommy's Taste of LA

Next Min. Bid: \$65

LOT 47

The RBAC Collect

Next Min. Bid: \$3

LOT 48

SPORTS & ENTERTAINMENT

LOT 49

SPORTS & ENTERTAINMENT

There's Still Time to Bid!

The Annual Benefit Silent Auction will remain open until Thursday, October 8! Explore this year's incredible lineup of items and experiences, place your bids, and support the RBAC!

Bid Today!



Tuna Tussle

It was a full house this weekend as our stands were full of spectators watching the Tuna Tussle, **Pasadena High School vs John Muir High School**! Congratulations to the John Muir Mustangs!

Read About It!

RBAC Alumni Spotlight: Nate Warson



"Be willing to take risks, try new things and trust yourself"

We caught up with RBAC alum **Nate Warson** to talk about his transition from club to college diving, the lessons he learned at the Rose Bowl Aquatics Center, and the advice he would give to younger athletes preparing for the next level.

Nate has been diving at the **Rose Bowl Aquatics Center** since 2017, when he was 12 years old. He is now a **rising senior at Villanova University**, where he studies **Real Estate** and continues his diving career. After graduation, Nate hopes to pursue a career in **commercial real estate**.

Nate says one of the biggest differences between club and college diving is the **commitment that comes with being a student-athlete**. During college, he spends around 20 hours each week training in the pool and gym, in addition to weekend practices, competitions, and travel. Balancing that demanding schedule with a full course load has made **organization and time management** essential to succeeding both in the classroom and on the pool deck.

Looking back on his time at the RBAC, Nate credits his coaches with teaching him the importance of **trusting himself and being willing to take risks**. Diving requires confidence, and his coaches encouraged him to step outside of his comfort zone and believe in the work he had put in. That mindset has continued to help him in college, both in diving and in everyday life. Learning to take risks, try new things, and trust himself has helped Nate become more confident both **in and out of the pool**.

Nate's advice to younger athletes who hope to compete in college is simple, **listen to your body**. Athletes can sometimes feel pressure to push through everything, but knowing when to take a step back is an important part of a long-term career. As Nate puts it, one day off is not going to hurt your progress, but ignoring an injury can. Taking care of your body and recognizing when you need rest can make a big difference over the course of an athletic career.

Above all, Nate says his time at the RBAC gave him the opportunity to **build lasting friendships and learn how to work with others**. Spending years alongside teammates and coaches created a supportive environment that helped him grow not only as an athlete, but also as a person. Those relationships and experiences have stayed with him and helped make the transition to college easier.

The RBAC is proud to celebrate **Nate Warson** and see the lessons he learned at the Rose Bowl Aquatics Center continue to carry him forward as he prepares for his senior year at **Villanova University**!

THINGS TO KNOW BEFORE YOU VISIT

- **Friday, October 9: The COMP pool will be in short course all day, please plan accordingly.**
- **Sunday, October 11: Traffic and parking will be impacted due to the Rose Bowl Flea Market. Please allow extra time for traffic and parking.**
- **Sunday, October 18: Masters Swim Team and Rays Meet from 2 - 5 PM. Please refer to the lap swim calendar for available lanes.**
- To ensure a smooth experience, please create an RBAC account so your registrations, purchases and waivers can be kept in one convenient place.
- Schedule and lane availability are subject to change without notice. Lanes may be moved for programs up to 20 minutes prior to starting.

MODIFIED HOURS DUE TO STADIUM EVENTS:

SATURDAY, OCTOBER 17
TBD

SATURDAY, OCTOBER 24
TBD

SATURDAY, OCTOBER 31
TBD

Make a splash in your community by donating to the RBAC today!

GIVE NOW

RBAC | www.rosebowlaquatics.org



The Rose Bowl Aquatics Center is a 501(c)(3) nonprofit organization.
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