

#### RBAC in the News!

Last week RBAC Board Member JR deSouza joined ABC7 to highlight the lifesaving impact of water safety. Watch now to see how RBAC is making a difference!







# Masters Swimmers Complete Polar Bear Challenge

Congrats to our Masters swimmers for crushing the Polar Bear Challenge! Nearly 50 swimmers kicked off the year with two months of dedication.

Join the Team!

#### Water Fitness March Classes

Wellness Classes - Tues/Thurs

8am: Core

8am: Core I / transition Core II 9am: Hybrid Functional Fitness

Mobility & Stretch

9am: Core II

10am: Mobility & Stretch

11am Core II

12pm Strength & Toning 12pm / Infinite Fitness

March Specialty
Water Fitness Class - Finning



Sundays @ 4pm March 2, 9, 16, 23, 30 w/ Tracy Rec Pool / Lanes 6 - 9

Learn More





Rose Bowl Aquatics Diving Fundraiser

Support our Rose Bowl Aquatics
Dive Team by eating at California
Pizza Kitchen on Monday, March
10!

Show this flyer to California Pizza Kitchen, and they will donate 20% of all food and beverage sales to the team!

Slice, slice baby! Make Monday night a little cheesier and support the RBAC dive team.

See Flyer



### THINGS TO KNOW BEFORE YOU VISIT



- The Pasadena Triathlon, Duathlon and 5k will be held on March 8.
   The street will be closed around the loop from 8am till 10am. The Rec Pool will be closed until 1pm for the event!
- Sunday, March 9 Rose Bowl Flea Market: Parking/Traffic Impacted

**RBAC Cares Fund Donate Today!** 

RBAC | www.rosebowlaquatics.org











## The Rose Bowl Aquatics Center is a 501(c)(3) nonprofit organization. Tax ID 95-3994788.

Rose Bowl Aquatics Center | 360 N. Arroyo Blvd. | Pasadena, CA 91103 US

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