



Tuesday, July 7, 2026



Make Waves This Summer!

Summer means full lanes and full hearts at RBAC! Thanks to supporters like you, we're able to offer swim lessons, wellness programs, and youth sports that change lives, one patron at a time. Make a gift today and help us continue our impact in the community.

[Give Today!](#)



Masters Swim Team Expands to Occidental College Pool!

Our Masters Swim Team has expanded to a second location at Occidental College Pool, with practices Monday, Wednesday, and Friday from 6:00 to 7:00 AM! Whether you're a current member looking for a closer location or a new swimmer interested in joining Masters, this is the perfect time to dive in. Come bring your gear and see what our Masters team is all about!

[Learn More](#)



Registration is Open for Jr. Lifeguards!

Calling all future lifeguards ages 11 to 14! Our next Junior Lifeguarding course is from August 10–14, 2026. This course helps kids build real water safety skills, confidence, and teamwork. Please note that there are swim prerequisites that apply, so check the details before signing up.

[Enroll Here!](#)



Friendly Reminder for Independent Use of the Therapy Pool

Independent Use hours vary throughout the week, so please check the schedule before you visit. Capacity is limited each hour and spots are first-come, first-served, so we recommend planning ahead to find the best time for your visit. Reach out to the front desk if you have any questions about current availability!

[For More Information](#)



Beat the Heat with Family Recreational Swim!

Cool off this summer with Family Recreational Swim! We offer daily sessions for the whole family at just \$2 for adults and \$1 for kids 17 and under. Spots are first come, first served and fill up fast, so grab your wristband early and get ready to make a splash!

[For More Information](#)

Loved your experience? Leave us a review on Yelp!

[Leave a Yelp Review!](#)

THINGS TO KNOW BEFORE YOU VISIT

- **Crest League Swim Meet on Saturday July 18th in the Competition Pool, 15 lanes from 7-2pm, 5 lap swim lanes will be available during the meet.**
- To ensure a smooth experience, please create an RBAC account so your registrations, purchases and waivers can be kept in one convenient place.
- Priority use for Family bathroom #7 in the Therapy Pool is for Therapy Pool users.
- Schedule and lane availability are subject to change without notice. Lanes may be moved for programs up to 20 minutes prior to starting.

Make waves year-round. Support water safety, fitness and youth programs with a gift today.

[GIVE NOW](#)

RBAC | www.rosebowlaquatics.org



The Rose Bowl Aquatics Center is a 501(c)(3) nonprofit organization. Tax ID 95-3994788.

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