

Weekly Announcements



Dive into an Unforgettable Evening with Rowdy Gaines!

Get ready for an exciting night with the legendary Rowdy Gaines, Three-Time Olympic Gold Medalist and NBC Swimming Analyst, as the Master of Ceremonies at the RBAC Annual Benefit!

Join us on **Tuesday, October 1 at 5:30 PM** at the beautiful Fig House for an evening filled with inspiration, friends, and swimming insights straight from Paris. Hear firsthand from a true swimming icon and connect with the RBAC community in support of our mission. Secure your spot now for an unforgettable experience!

Buy Tickets
Now

Are you ready to find balance, relax, and rejuvenate?

Try our yoga classes, perfect for all levels! Our experienced instructor will guide you through a series of poses designed to enhance your flexibility, strength, and mindfulness. This class is the perfect way to unwind and focus on your well-being.



Learn More



Junior Lifeguard Training

Last chance to sign up for our August 12-16 Junior Lifeguard training. This is a great opportunity for your child to learn life-saving skills and build lasting friendships.

Sign Up
Today!

Lifeguard Certification Class

We're approaching our registration deadline for the next lifeguard



training certification. The class will be held July 31 - Aug 11.

Register

Summer III Swim Lessons

Last chance to sign up for summer swim lessons. Our final sessions of the summer will be held Aug 12 - Sept 8.

Sign Up



THINGS TO KNOW BEFORE YOU VISIT

- **Please Be Aware:** For everyone's comfort, please apply spray sunscreen outdoors only. If you use spray SPF, spray it into your hands first, then apply it to your skin. This helps minimize airborne particles that may affect others. Thank you for your understanding and cooperation.
- **Remember:** Lock your car and avoid leaving any valuables inside when parking. To report an issue please call (626) 744-4241.
- **Reminders:** No photography/video is permitted in the locker rooms.
- **During Lap Swim:** One or two swimmers may split a lane. Three or more swimmers must circle swim counterclockwise, staying to the right. If you're the third swimmer entering a lane, inform the other two swimmers before starting. Share lanes courteously and be responsive if a lifeguard asks you to move. While resting on the wall, stay aware of other swimmers and let them pass.
- Additional **Lap Swim Lanes** in the Comp Pool from July 29-Aug 25.

Empowering Community & Changing Lives

Give Today

RBAC | www.rosebowlaquatics.org



*The Rose Bowl Aquatics Center is a 501(c)(3) nonprofit organization.
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Rose Bowl Aquatics Center | 360 N. Arroyo Blvd. | Pasadena, CA 91103 US

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