



Tuesday, February 3, 2026



Come for the Coffee, Stay for the Community

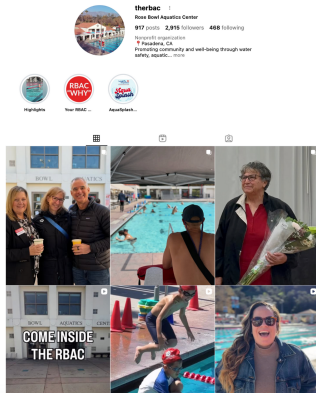
Community Coffee: Thursday, February 12, from 8:30–10:30am. Stop by for coffee, conversation, and a chance to connect with the incredible RBAC community. We'd love to see you there.

Breaking Barriers Dive Grant

The RBAC has received a 2026 USA Diving Developmental Grant to support its *Breaking Barriers Dive Grant* program, giving Pasadena-area youth free access to introductory diving sessions and financial help with continued participation in the sport.



[Read On](#)



Stay in the Loop

From early morning laps to big community moments. **Follow us on Instagram** for more RBAC content!

Follow Along

Red Cross Lifeguard Training

See if you can answer the Lifeguard Training Question.

When performing adult CPR, how fast should chest compressions be delivered?

- A. 60–80 per minute
- B. 80–100 per minute
- C. 100–120 per minute
- D. As fast as possible

Read our newsletter next week to get the answer!



Sign Up for the Course

THINGS TO KNOW BEFORE YOU VISIT

- **Planning Ahead: The RBAC will be CLOSED Feb 27 - Mar 1 for PAC Champs. More information to come.**
- **Rose Bowl Stadium Flea Market: Sunday, Feb. 8.** Parking/Traffic Impacted.
- **Brookside Park Potholing Notice: Monday, Feb 9 & Tuesday, Feb 10.** Be aware of work being done in Lot I.
- **LA28 Ticket Lottery now open!:** [LEARN MORE](#)
- **Become an RBAC Monthly Sustainer today!** [LEARN MORE](#)
- **Sign Up for Swim Lessons** [HERE](#)
- **LA28 FAQ** [HERE](#)

**Make waves year-round.
Support water safety, fitness and youth
programs with a gift today.**

GIVE NOW

RBAC | www.rosebowlaquatics.org



**The Rose Bowl Aquatics Center is a 501(c)(3) nonprofit organization.
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