

2026 Lifeguarding & Water Safety Instructor Courses

Lifeguard Training

3/4/2026 3/15/2026

3/4/2026	Wednesday	6:30 PM	9:00 PM	Pool 6:30-7:30pm / Classroom 7:30-9pm
3/6/2026	Friday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
3/8/2026	Sunday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
3/9/2026	Monday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
3/11/2026	Wednesday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
3/13/2026	Friday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
3/14/2026	Saturday	8:00 AM	2:00 PM	Classroom 8:00-10:30am / Pool 10:30am-2:00pm
3/15/2026	Sunday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm

Water Safety Instructor

4/17/2026 4/26/2026

4/17/2026	Friday	6:30 PM	9:00 PM	Pool 6:30-7:30pm / Classroom 7:30-9pm
4/19/2026	Sunday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
4/20/2026	Monday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
4/22/2026	Wednesday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
4/24/2026	Friday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
4/25/2026	Saturday	8:00 AM	2:00 PM	Classroom 8:00-10:30am / Pool 10:30am-2:00pm
4/26/2026	Sunday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
4/27/2026	Monday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm

RBAC Staff CPR/AED Class

4/8/2026

4/8/2026	Wednesday	6:30 PM	9:30 PM	Classroom 6:30-9:30pm
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Lifeguard Training

4/29/2026 5/10/2026

4/29/2026	Wednesday	6:30 PM	9:00 PM	Pool 6:30-7:30pm / Classroom 7:30-9pm
5/1/2026	Friday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
5/2/2026	Saturday	8:00 AM	2:00 PM	Classroom 8:00-10:30am / Pool 10:30am-2:00pm
5/3/2026	Sunday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
5/4/2026	Monday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
5/6/2026	Wednesday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
5/8/2026	Friday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
5/10/2026	Sunday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm

Lifeguarding with Waterfront/Title 22

6/3/2026

6/17/2026

6/3/2026	Wednesday	6:30 PM	9:00 PM	Pool 6:30-7:30pm / Classroom 7:30-9pm
6/5/2026	Friday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
6/6/2026	Saturday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
6/7/2026	Sunday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
6/8/2026	Monday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
6/10/2026	Wednesday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
6/12/2026	Friday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
6/13/2026	Saturday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
6/14/2026	Sunday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
6/15/2026	Monday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
6/17/2026	Wednesday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm

2026 Lifeguarding & Water Safety Instructor Courses

Lifeguarding with Waterfront/Title 22			7/8/2026	7/22/2026
7/8/2026	Wednesday	6:30 PM	9:00 PM	Pool 6:30-7:30pm / Classroom 7:30-9pm
7/10/2026	Friday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
7/11/2026	Saturday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
7/12/2026	Sunday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
7/13/2026	Monday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
7/15/2026	Wednesday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
7/17/2026	Friday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
7/18/2026	Saturday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
7/19/2026	Sunday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
7/20/2026	Monday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
7/22/2026	Wednesday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
Lifeguard Training			7/29/2026	8/9/2026
7/29/2026	Wednesday	6:30 PM	9:00 PM	Pool 6:30-7:30pm / Classroom 7:30-9pm
7/31/2026	Friday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
8/1/2026	Saturday	8:00 AM	2:00 PM	Classroom 8:00-10:30am / Pool 10:30am-2:00pm
8/2/2026	Sunday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
8/3/2026	Monday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
8/5/2026	Wednesday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
8/7/2026	Friday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
8/9/2026	Sunday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
Lifeguard Training (Blended Learning)			9/2/2026	9/20/2026
9/2/2026	Wednesday	6:30 PM	9:00 PM	Pool 6:30-7:30pm / Classroom 7:30-9pm
9/11/2026	Friday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
9/12/2026	Saturday	8:00 AM	2:00 PM	Classroom 8:00-10:30am / Pool 10:30am-2:00pm
9/13/2026	Sunday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
9/14/2026	Monday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
9/16/2026	Wednesday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
9/18/2026	Friday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
9/20/2026	Sunday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
Water Safety Instructor			10/2/2026	10/12/2026
10/2/2026	Friday	6:30 PM	9:00 PM	Pool 6:30-7:30pm / Classroom 7:30-9pm
10/4/2026	Sunday	8:00 AM	5:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
10/5/2026	Monday	6:30 PM	9:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
10/7/2026	Wednesday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
10/9/2026	Friday	6:30 PM	9:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
10/10/2026	Saturday	8:00 AM	2:00 PM	Classroom 8:00-10:30am / Pool 10:30am-2:00pm
10/11/2026	Sunday	8:00 AM	5:00 PM	Classroom 6:30-7:30pm / Pool 7:30-9pm
10/12/2026	Monday	6:30 PM	9:00 PM	Classroom 8:00-11am, 2-3pm / Pool 11am-5pm
RBAC Staff CPR/AED Class			10/8/2024	
10/14/2026	Wednesday	6:30 PM	9:30 PM	Classroom 6:30-9:30pm

2026 Lifeguarding & Water Safety Instructor Courses

6/1/2025 Monday 9:00 AM 4:00 PM Pool 1pm-4pm / Classroom 9am-12pm

6/2/2025 Tuesday 9:00 AM 4:00 PM Classroom 9am-12pm / Pool 1pm-4pm

6/3/2025 Wednesday 9:00 AM 5:00 PM Classroom 9am-10am/3pm-5pm / Pool 10am-2pm

6/4/2025 Thursday 9:00 AM 4:00 PM Classroom 9:00-12pm / Pool 1pm-4pm

6/5/2025 Friday 9:00 AM 4:00 PM Classroom 9:00-12pm / Pool 1pm-4pm

Jr Lifeguard Training 08/10/2026 – 08/14/2026

8/10/2025 Monday 9:00 AM 4:00 PM Pool 1pm-4pm / Classroom 9am-12pm

8/11/2025 Tuesday 9:00 AM 4:00 PM Classroom 9am-12pm / Pool 1pm-4pm

8/12/2025 Wednesday 9:00 AM 5:00 PM Classroom 9am-10am/3pm-5pm / Pool 10am-2pm

8/13/2025 Thursday 9:00 AM 4:00 PM Classroom 9:00-12pm / Pool 1pm-4pm

8/14/2025 Friday 9:00 AM 4:00 PM Classroom 9:00-12pm / Pool 1pm-4pm